Trinity College

TRINITY COLLEGE

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Graduate Qualities

Applied Creativity - the ability to develop novel and effective solutions in response to current and future challenges

- 1. Flexible thinking to generate many possible solutions to a problem.
- 2. Dealing well with uncertainty and disruption.
- 3. Desire to question assumptions and willingness to challenge the status quo.
- 4. Critical thinking and consolidation of a solution to a problem.

Wellbeing - a state of physical, mental and spiritual health that enables individuals to flourish in life with meaning and purpose

- 1. Ability to build emotional literacy, self-awareness and self-reflection.
- 2. Ability to build and nurture physical and psychological assets needed to respond to life's challenges and opportunities.
- 3. Building what is best in oneself and others through the understanding of strengths of character.
- 4. Respond to setbacks with resilience and perseverance in order to flourish.



Lifelong Growth - the ability to be self-regulated and self-directed in the ongoing pursuit of personal and professional growth

- 1. Mastery of numeracy, literacy and digital literacy to enable effective engagement with future learning.
- 2. Setting learning goals to respond to and prepare for continual change.
- 3. Selection and use of effective strategies for learning.
- 4. Ongoing self-reflection and evaluation to adapt and improve learning skills.

Community Engagement - the ability to build positive and responsible relationships that achieve social good, locally and globally

- 1. Ability to build social capital through the formation and growth of positive relationships.
- 2. Ability to communicate and collaborate effectively with individuals from diverse backgrounds.
- 3. Development and the ongoing pursuit of cultural capital and an understanding of its significance in society.
- 4. Collective pursit of goals that serve social needs in local and global contexts.

