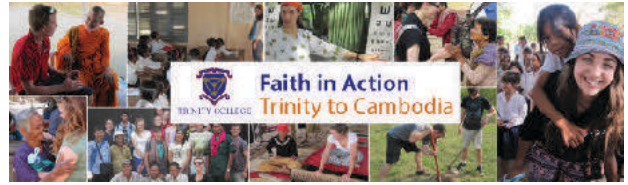


Trinity 2 Cambodia 2019

Information for
interested students
and their families.



Another Trinity to Cambodia trip is being planned for December 2019. An amazing opportunity to visit the beautiful country of Cambodia with the genuine purpose of providing meaningful support to local people.

This year the College will team with different organisations including the 2h Project, MAG International, Friends International and Phare Ponleu Selpak Performing Arts School, supporting the projects they are involved with on the ground in Cambodia. A trip such as this will help shape the lives of the students involved, motivating them to remain globally aware, and be locally active.

Our students became advocates for these organisations, playing a role in spreading the word about what they do and why. In preparation for the trip, students will meet together during the year developing their understanding of Cambodia, it's Ancient and Modern History, the aid organisations we will be supporting, social justice and mission.

An aim of the trip is to foster for the students, an understanding of what it means to “think globally and act locally”, to support others not in a superficial way, but in an ongoing and sustainable one. It is a way to learn about how NGO’s operate – empowering local people to become self-sufficient – ultimately supporting themselves and their families. The trip will give each student an opportunity to bring together skills, character strengths and the other values they have been exposed to and developed during their time at the College, using them in a very real and practical way. It will further enhance the PERMA model (positive emotion, engagement, relationships, meaning and accomplishment) that has been a focus of the Positive Education programme at the College. The hope is that the trip may give students a sense of purpose and direction for how they can contribute and help others in a variety of capacities during their final years at Trinity, and then in the future when they leave school.

“Never doubt that a small group of thoughtful citizens can change the world. Indeed, it is the only thing that ever has”

- Margaret Mead



In Cambodia, the team will visit and support a range of poverty alleviating projects. Visiting Angkor Wat, the Killing Fields and the Toul Sleng Genocide Museum will enable them to learn about the incredible history and social justice issues of this developing country.

The students are required to cover all their own personal expenses, including travel, accommodation and food costs (approx \$3,400). In addition, each student is asked to fundraise a minimum of \$1000 which will support the projects they will be visiting. It is a rewarding experience seeing how the hard-earned fundraising money is used in the Country.

One project students will be involved with is the 2h Sight to Life project based at the Battambang Ophthalmic Clinic (BOC). This will be an incredible opportunity to witness people having a new chance to see! In a few hours up to 60 people have their eye sight tested, the health of their eyes checked, and an assessment made for their suitability for treatment of cataracts or pterygium eye conditions. The students will be trained to help the BOC staff screen villagers in rural and remote villages. They will then follow these people back to Battambang for their admission to the clinic and watch a surgical procedure that takes 15 minutes but actually adds years of quality living. According to World Health Organisation (WHO) studies, on average, people blinded by cataract in developing nations die within 4 years of becoming blind. Currently 300 eye surgeries are being performed every month and the team are on target to clear the cataract backlog in Battambang.

A visit to the Phare Ponleu Selpak Performing Arts School will be a highlight of the trip. Trinity students will deliver much needed supplies, teach health and hygiene lessons to the Preschool students and join in workshops and activities at the school.

There will be the opportunity to learn about how micro finance programmes work and meet recipients of these ventures.

We plan to spend time on the ground with MAG International, learning more about the work they do that enables communities to have greater safety and the opportunity to rebuild their lives, livelihoods and futures after the devastation of the war.

In Phnom Penh we spend a day with Friends International whose programmes help families achieve sustainable financial security, focus on child protection, reduce child labour and increase reintegration of marginalized children and youth into school and training.

By partnering with these organisations, we will expose and introduce our students to a reputable aid organisation that provide long term, sustainable responses to improving the lives of vulnerable people.

2018 Overview:

Total Cost: - \$3,400 (approximate cost)

- Includes airfare, accommodation, transportation, most meals, entry costs and tours.
- Flying with Singapore Airlines, staying in Hotels in Cambodia.

Fundraising commitment: \$1000 each

- This is an individual effort that is undertaken by each student on the team.
- Activities the students organised last year to reach their targets included, sausage sizzles, busking, craft, cake and drink stalls, various raffles, a movie night, a book stall and chocolate sales. The students also asked family and friends to make tax deductible donations – sharing with them how their money will be used and promoting the work of the organisations we partner with.



Itinerary: Sunday 1st – Sunday 19th December 2019 *TBC



2 Days in Siem Reap: Historical tuk tuk tours, Angkor Wat, Bayon Temple and Markets. River Boat Dinner Cruise.

6 Days in Battambang: Local village connections, Eye Clinic work, Bike Riding Tour, Traditional Cooking Class, Karaoke, Annual TC v BOC Soccer Game and time at the Phare Ponleu Selpak Performing Arts school.

2 Days in Pailin with MAG International: Spending time with their Cambodian team in countryside communities.



4 days Phnom Penh: Modern history - visits to the Killing Fields and Toul Sleng Genocide Museum and markets. Micro finance project focus and visit to Friends International.

Interested students are encouraged to fill in an expression of interest form and will be invited to an interview to discuss the trip in more detail. The 2019 team will be announced at the end of term one.

For more information please contact

Michelle Heath - T2C trip co-ordinator: michelle.heath@trinity.sa.edu.au

Stephen Clayton - Head Experiential Education: claytost@live.trinity.sa.edu.au

Katrina Cole – Teacher, Trinity South: coleka@live.trinity.sa.edu.au

Nichols Sharrad - Head of Middle School, Trinity Blakeview: sharrani@live.trinity.sa.edu.au

T2C 2019 16 students from Year 10 & 11 will be carefully selected to form a team with the right mix of ages, gender, experiences, character strengths and personalities. Places will be offered after an interview process and will include a reserve group of up to three students, in case circumstances change and people may need to withdraw during the year.

**All school fees must be up to date for places to be offered.

Interviews will be held from week 6, with the team finalised by the end of term. A \$500 non-returnable deposit will be required by the end of Term 1 to secure a place.

To express your interest for the 2018 trip please fill in this form and return it by email to Michelle Heath heathmi@trinity.sa.edu.au or send a hard copy to Mr Clayton's office in the Library.



Name: _____

Year Level & Tutor Group:



How have you heard about the trip and why are you interested in going?

What do you think you will be able to contribute to the team?



Fundraising ideas you have for action:

Do you have a current passport?

Have you travelled overseas before - if so where?

Food Allergies / Medical Issues:

Are your school fees currently up to date?

Parent Signature: _____