



## ***STARplex Co-Curricular Activities 2018***

### **Basketball, STARplex – Summer**

Monday afternoon basketball at STARplex is for U12s, U14s and U16s. In summer (Terms 4/1) coaches are not provided. Fees are charged by STARplex.

Tuesday afternoon basketball at STARplex is for U8s and U10s teams. In summer (Terms 4/1) coaches are not provided and there are no training sessions.

#### **STARplex team nomination form:**

<http://www.starplex.com.au/wp-content/uploads/2014/01/2017-Aug-Team-Nomination-Form.pdf>

**Fees** are charged by STARplex.

- Team Nomination at start of season: \$50
- Weekly game fee \$40/team
- Optional: \$190 to provide a coach- (Optional coach fee charge only applicable if you cannot find a coach and would like STARplex to appoint you one)

Uniforms are available for purchase at the STARstore.

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### **Netball, STARplex - Summer**

Netball is played at STARplex on Wednesday afternoons with times slots allocated from 3:45pm up to 6:30pm and are rostered for the season after Round 4. Prior to this they are rostered on a weekly basis and Programs can be found on the [STARplex timetables and fixtures web page](#) . No regular training is required for summer netball teams.

#### **STARplex team nomination form:**

<http://www.starplex.com.au/wp-content/uploads/2014/01/2017-Aug-Team-Nomination-Form.pdf>

**Fees** are charged by STARplex:

- Team Nomination at start of season \$59
- Weekly game fee \$47/team
- Optional: \$190 to provide a coach - (Optional coach fee charge only applicable if you cannot find a coach and would like STARplex to appoint you one)

Uniforms are available for purchase at the STARstore.

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## Kids Fit & Active

Fit & Active kids is a program suitable for children between the ages of 2.5 and 12 years. Setting in place positive, physical habits, building confidence and developing skill using simple moves, games, team building, performance, problem solving and the magic of music.

<i>What Year levels?</i>	Reception – Year 8
<i>What Term/s is the activity held?</i>	Terms 1, 2, 3 and 4
<i>What day/s?</i>	Thursday
<i>What time is the activity held?</i>	4.15pm
<i>Where is the activity held?</i>	STARplex Fitness Centre
<i>Are there any events that the activity includes?</i>	No
<i>Is there a restriction to who can nominate?</i>	No
<i>What is the cost and how is it charged?</i>	based on a 10 week Term - must enrol for a Term 4-12yrs \$100
<i>Is there equipment or uniform requirements?</i>	No
<i>Any other relevant information</i>	Nil

## Futsal

<i>What Year levels?</i>	8 years of age to 16
<i>What Term/s is the activity held?</i>	Term 4 – starts 19 October
<i>What day/s?</i>	Fridays
<i>What time is the activity held?</i>	3:50pm
<i>Where is the activity held?</i>	STARplex Courts
<i>Is there a restriction to who can nominate?</i>	No
<i>What is the cost and how is it charged?</i>	Junior team nomination \$50 Junior team game fee \$40 Team with drawl fee \$56 Junior Team Coach – supplied by STARplex \$190

## Swimming – Learn to Swim

STARplex Swim School is the ideal place for children of all ages to learn to swim in a safe, caring and fun environment. Our instructors are passionate about teaching children to swim and we pride ourselves in continuously updating our knowledge and training.

<i>What Year levels?</i>	Reception – Year 12
<i>What Term/s is the activity held?</i>	On-going Mid-January to Mid December
<i>What day/s?</i>	All days of the week
<i>What time is the activity held?</i>	Wide range of options
<i>Where is the activity held?</i>	STARplex Pool
<i>Are there any events that the activity includes?</i>	No
<i>Is there a restriction to who can nominate?</i>	No
<i>What is the cost and how is it charged?</i>	\$17.80 per week (10 weeks minimum)
<i>Is there equipment or uniform requirements?</i>	Swimming cap, appropriate swimwear, goggles
<i>Any other relevant information</i>	Strong swimmers are referred on to Trinity College Swim team and STARplex Squads

## Dance Combinations

<i>What Year levels?</i>	4 – 12 years old
<i>What Term/s is the activity held?</i>	Terms 1, 2, 3, 4
<i>What day/s?</i>	Creative Moves – Wednesdays 5.00pm
	Junior Hip Hop – Mondays 4.30pm (Beginners) & Mondays 5.15pm (Intermediate)
<i>What time is the activity held?</i>	As above
<i>Where is the activity held?</i>	STARplex Theatre
<i>Are there any events that the activity includes?</i>	No
<i>Is there a restriction to who can nominate?</i>	No (ages as above)
<i>What is the cost and how is it charged?</i>	(based on 10 week Term)  Creative Moves \$100.00 Junior Hip Hop \$100.00
<i>Is there equipment or uniform requirements?</i>	Nil. T-Shirt included in Term fee
<i>Any other relevant information</i>	Nil

### **Creative Moves (6 years - 9 years)**

Dancers will develop confidence and expression whilst discovering a variety of dancing genres – Jazz, Funk, Salsa and Modern/Contemporary. They will be taught steps like the grapevine, Box Step, Step Ball Change, Leaps, Turns, Gallops and Step Drag.

### **Junior Hip Hop (6 years - 12 years)**

Hip Hop student's will perform varying levels of dance steps like isolations, walks, turns, arms, travelling and combinations. These steps are taught and graded each term as each dancer progresses from beginners (6-9yrs) to intermediate (9-12yrs).