

## **SOLAR PROTECTION POLICY**

Sun protection for students at school is a shared responsibility between parents and the school. Students should be expected to take greater personal responsibility for their own protection as they increase in age. Parents are expected to ensure their children are supplied with the designated College hat and sunscreen when at school.

### Education

The curriculum shall include material on the relationship between sun exposure and skin cancer and the available methods of reducing this risk.

Ultra Violet Radiation readings will be discussed with students. A daily UV Alert graph can be found at the following web site:

[http://www.bom.gov.au/products/UV/Adelaide\\_SA.shtml](http://www.bom.gov.au/products/UV/Adelaide_SA.shtml)

### Outdoor Activities

Whenever possible outdoor activities should be scheduled before 11 am and after 3 pm (daylight saving time). When this is not possible, access to shaded areas should be considered.

### Personal Protection

#### Sunscreen Cream

SPFI5+ sunscreen cream is part of the school uniform and all students are required to have their own SPFI5+ sunscreen cream at school. Students shall be responsible for the application of sunscreen to all exposed skin areas prior to periods of outdoor activity. Zinc cream is not suitable for use at school.

#### Hats

A ‘no hat, no play’ policy is adopted for all students participating in outdoor activities. The hat shall be the accepted uniform hat. The hat policy shall be enforced throughout the school day from the beginning of September until the end of April.

Students will be required to wear their hats or stay in a shaded area during the period from the beginning of May until the end of August when the UVR reading is 3 or above.

#### Co Curricular Activities

Students are required to wear a hat from September to April when undertaking an outdoor co curricular activity. Students may remove their hat when undertaking a specified activity that makes wearing a hat difficult eg bowling.

Co curricular supervisors will be reminded of their responsibility to ensure students wear their hats. Sunscreen will be included in all co curricular kits.

#### Sunglasses

Students may wear approved sunglasses when undertaking outdoor activities. The College recommends that parents check that their children’s sunglasses are approved by the Cancer Council.

#### Long Sleeve Shirts

For greater sun protection, long sleeved shirts may be worn with either a tie or a Trinity College monogrammed pocket, as an alternative to short sleeve shirts that form part of the summer uniform.

#### Shade-Areas

The College Council has endorsed a policy of developing shaded areas throughout the College. This should include providing shelters adjacent to sporting areas (eg. ovals and courts), and planting shade trees throughout the grounds. Use of these areas should be encouraged by providing seating.

#### Policy Publication

This policy shall be published on the College web site and an abbreviated version shall appear in the student diary.