

TRINITY COLLEGE NORTH CANTEEN LIST

TERM 1 2011

THIS IS A HEALTHY LOW FAT MENU

RECESS ONLY

Quiche	\$ 1.60	Cheese Toastie full	\$ 2.60
Mini Pizza	\$ 1.40	1/2 Cheese Toastie	\$ 1.30

	<u>S/W</u>	<u>ROLL</u>		<u>S/W</u>	<u>ROLL</u>
Vegemite	\$ 1.50	\$ 1.80	Salad - cheese base	\$ 3.40	\$ 3.70
Chicken BBQ	\$ 3.00	\$ 3.30	Tom, Lett, Cuc.		
Ham Virginian	\$ 3.00	\$ 3.30	Salad - meat base	\$ 4.20	\$ 4.50
Fritz	\$ 2.20	\$ 2.50	Tom, Lett, Cuc.		
Tomato	\$ 2.20	\$ 2.50	Tuna	\$ 3.00	\$ 3.30
Cheese	\$ 2.20	\$ 2.50	Egg	\$ 2.60	\$ 2.90
Chicken, Lettuce & Mayo	\$ 3.30	\$ 3.60	Buttered Roll	\$ 1.30	
Salad Plate Child's serve	\$ 4.50		Garden Salad Box	\$ 3.00	

GHERKIN, ONIONS, BEETROOT, CARROT & MAYONNAISE AVAILABLE any comb.

Mark clearly on your lunch order bag.

Extra Salad items ordered will be an extra 40c each.

Wholemeal Bread Available

HOT FOOD ****SAUCE 20c EXTRA****

Low fat Mrs Macs Sausage Roll	\$ 2.20	Hot BBQ chicken roll	\$ 3.50
Low fat Mrs Macs Pie	\$ 2.80	2 Min Noodles	\$ 2.00
Jaffles - baked beans	\$ 2.50	Chicken Nugget Roll	\$ 3.50
Jaffles - spaghetti	\$ 2.50	Chicken nuggets single	\$ 0.60
Jaffles - ham & cheese	\$ 3.50	Pizza - ham & pineapple	\$ 2.00
Meatball Sub BBQ sauce (low fat, salt)	\$ 3.50	Hot ham & cheese roll	\$ 3.50
Chiko Roll - oven baked	\$ 2.00	Macaroni & Cheese	\$ 3.40
Hot Dog with sauce (low fat)	\$ 3.00	Spaghetti Bolognaise	\$ 3.40
Fish Fingers single	\$ 0.60	Lasagne	\$ 3.40
Fish Finger roll with lett, mayo	\$ 3.20	Soup	\$ 1.50
		Chicken, Beef, Vegetable	

TRINITY COLLEGE NORTH CANTEEN LIST
TERM 1 2011
THIS IS A HEALTHY LOW FAT MENU

<u>DRINKS</u>		Nippys L/L milk Sml	\$ 2.00
Water 600ml	\$ 1.00	(strawberry, honeycomb)	
Nippys Orange Juice 500ml	\$ 2.60	Poppers Tetra Fruit Juice	\$ 1.30
Nippys Orange Juice 300ml	\$ 2.00	Cold Milo in a cup	\$ 2.00
Nippys L/L milk Lge	\$ 2.40	Milk Plain 300ml	\$ 1.40
(strawberry, banana, honeycomb)		Hot Milo	\$ 1.50
<u>ICE-BLOCKS & YOGHURT</u>		Vanilla tub (low fat)	\$ 1.40
Fruit Tube Ice Blocks	\$ 0.40	Frozen Berry Yoghurt	\$ 1.50
Frozen Orange Juice & Apple	\$ 0.60	Paddle Pop - Banana & rainbow	\$ 1.30
<u>CAKES</u>		Cup cake	\$ 1.50
Lamington fingers	\$ 1.00	Biscuit	\$ 0.30
<u>SUNDRIES</u>			
Yoghurt lge	\$ 2.00	Jelly - Red, Green, Orange	\$ 1.20
Custard Vanilla	\$ 1.60	Apples - Red & Green	\$ 0.80
Custard & Jelly	\$ 1.60	Oranges	\$ 0.80
		Watermelon Box	\$ 1.40

LUNCH BAGS ARE AVAILABLE THROUGH THE CANTEEN

R-4 RECESS ORDERS ARE AVAILABLE THROUGH THE LUNCH BOX

PLEASE MARK **RECESS**** CLEARLY ON THE BAG**

FRUIT TUBES 40c VARIOUS OTHER ICEBLOCKS 60c - \$1.50

***IF YOU HAVE ANY QUERIES OR WOULD LIKE TO VOLUNTEER ONE DAY
 IN THE CANTEEN PLEASE CONTACT MARTIN STORRIE 85220604***

If a child forgets their lunch the canteen will only supply a piece of fruit for recess and a sandwich for lunch.

* Vegemite \$1.50, Cheese \$2.20, Honey \$1.50 *

The money will be due the next day.

Thank you