



Health Studies

What is Health Studies?

Health Studies deals with what it means to be healthy both in an individual and community setting. We study the interrelationship of lifestyle, social behaviour, environment, and health care systems, and the challenges that these factors present.

Health Studies focuses on the development of confidence, self-esteem, and assertiveness, and the building of resilient and positive relationships. It also emphasises how important it is for the individual to develop a sense of identity and belonging, and to show sensitivity to cultural beliefs when dealing with health issues in different contexts.

Why study Health Studies?

Are you interested in health issues that have an effect on the lives of you as an individual, your friends, your family and Australian society? Do you enjoy working collaboratively and participating in community activities? Then Health Studies is a subject that you would enjoy!

An increased awareness of health and lifestyle issues enables people to improve their health status. Individuals and groups can influence interactions with their complex and rapidly changing economic, physical, political, socio-cultural, and spiritual environments, and improve their quality of life.

Course content of Health Studies

Health Studies, which consists of the following two core topics and two of the three option topics listed below:

Core Topics

- Social and Economic Determinants of Health
- Health Literacy

Options

- Health Promotion in the Community
- Risks and Challenges to Health
- Health and Relationships

Assessment Components

Assessment in Health Studies is completely assignment based and consists of the following components, weighted as shown:

School Based:

- Group Investigation and Presentation 30%
- Sources Analysis 20%
- Practical Activity 20%

External Moderation:

- Investigation 30%

Learning Requirements of the Course

At the end of the program in Stage 2 Health Studies, students should be able to:

- Demonstrate a critical understanding of influences on personal and community health and well-being
- Investigate and critique the roles and responsibilities of individuals, communities, and governments in addressing health and well-being issues and priorities
- Critically analyse current trends and issues affecting the health status of individuals and communities in Australia and globally, and the role of education in promoting and enhancing health outcomes
- Demonstrate participation, interpersonal, practical, and group skills as applied to an area related to health
- Initiate and evaluate personal and social actions to promote improved health outcomes for individuals and communities
- demonstrate a critical understanding of, and apply, health literacy skills.

Health Studies continued

Future Pathways in Health Studies

- Advocacy
- Aged care & Health
- Ambulance Studies
- Behavioural Science
- Child Care Worker
- Community Work
- Dementia Care
- Dental Surgery
- Disability Studies
- Disability Care
- Food Services
- Health Science
- Human Movement
- Justice Administration
- Justice & Society
- Masseur
- Medicine & Surgery
- Midwifery
- Nursing
- Nutritionist
- Occupational Therapy
- Oral Health
- Palliative care
- Pharmacy
- Physiotherapy
- Podiatry
- Psychology
- Radiography
- Social Work
- Speech Pathology
- Youth Work

Required Text(s) for Health Studies

There are no specific text books for Health Studies.
Associated costs are for printing purposes and resources.

What are the prerequisites?

A C grade or better in Year 11 English and preferably a C+ or better in Year 11 Health



TRINITY COLLEGE
Senior

Contact Details

For more information about studying Year 12 at Trinity College Senior, please contact the Head of Year 12 on 8523 8705 or visit: www.trinity.sa.edu.au/curriculum/index.htm

Further Information

More information about SACE may be obtained from the SACE Board of South Australia webpage at: www.sace.sa.edu.au